

# Quick Pizza

Serves 2

## Ingredients

- 1 large pita bread
- 3 tablespoons tomato paste
- Oregano to taste
- 2 medium tomatoes
- 2 cups grated cheese
- 1 capsicum, chopped
- 1 cup mushrooms, sliced
- 1 onion, chopped
- 220g can pineapple pieces, drained
- 4 sliced lean ham, cut into strips



## Method

1. Preheat oven to 220°C.
2. Place pizza base on an oven tray and spread with tomato paste.
3. Sprinkle over herbs and arrange tomato slices.
4. Sprinkle with 1 cup of the cheese.
5. Top with capsicum, mushrooms, onion, pineapple and ham and sprinkle with remaining cheese.
6. Place in oven for approximately 10 minutes.
7. Serve immediately